

Enrolment Form

Fitness Program (NDIA Clients Only)

14 January 2019 to 20 December 2019



**Belconnen
Community
Service**

NDIS provider # 74884339

Enrolments are essential for all programs. Enrolments are confirmed upon receipt of payment.

Session Choices (tick to select)

| Session | Day of Week | Start Time | Finish Time |
|---|-------------|------------|-------------|
| <input type="checkbox"/> Healthy Body, Healthy Mind | Monday | 1:30pm | 2:30pm |
| <input type="checkbox"/> Aerobics / Circuit | Monday | 12:00pm | 1:00pm |
| <input type="checkbox"/> Yoga | Tuesday | 9:45am | 10:30am |
| <input type="checkbox"/> MS Be Better Balanced | Tuesday | 10:45am | 11:45am |
| <input type="checkbox"/> Backs in Balance - Tues | Tuesday | 2:00pm | 3:00pm |
| <input type="checkbox"/> Tai Chi – Chi Kung | Tuesday | 6:30pm | 7:30pm |
| <input type="checkbox"/> Mature Strength - Wed | Wednesday | 10:00am | 11:00am |
| <input type="checkbox"/> Mature Fitness - Wed | Wednesday | 11:30am | 12:30pm |
| <input type="checkbox"/> Mature Multi Fitness | Wednesday | 12:30pm | 1:30pm |
| <input type="checkbox"/> Twilight Yoga | Wednesday | 6:00pm | 7:00pm |
| <input type="checkbox"/> Mature Strength - Fri | Friday | 10:00am | 11:00am |
| <input type="checkbox"/> Mature Fitness - Fri | Friday | 11:30am | 12:30pm |
| <input type="checkbox"/> Power Bar - Fri | Friday | 12:30pm | 1:30pm |
| <input type="checkbox"/> Social Badminton - Mon | Monday | 10:30am | 12:15pm |
| <input type="checkbox"/> Social Badminton - Fri | Friday | 10:30am | 12:15pm |

Payment Options

- Pay upfront.** Payments can be made by cash/EFTPOS/credit.
- Pay As You Go.** Payments can be made by cash/EFTPOS/credit.
- NDIA participants only** - charge my NDIA Plan per my Service Agreement with Belconnen Community Service. *See note below for other requirements.
- My Aged Care - Home Care Package participants only** - charge my Home Care Package Provider per my Service Agreement with Belconnen Community Service. *See note below for other requirements.

***Note:** if you tick this option you must confirm that you have also completed a **Participant Details Form** for the current calendar year. Check with Reception to confirm you have met this requirement or to obtain a copy of the current **Participant Details Form**.

Confirmation

- Have your details changed since you last enrolled? (ie name, address, contact, health information etc)
 - No Yes, please request and complete a **Participant Details Form** and submit to Reception.
- Have you received a new NDIA Plan since you last enrolled?
 - No Not Applicable
 - Yes, please confirm that your Service Agreement with Belconnen Community Service is current.
- Have you started with My Aged Care or has your Aged Care Package changed since you last enrolled?
 - No Not Applicable
 - Yes, please complete a new **Participant Details Form** and submit to Reception.
- Will your support worker/person be attending group sessions with you? N/A Yes
- Do you understand that 24 hours notice is required for non-attendances? Yes
- Do you understand that you are ultimately responsible for payment of enrolled sessions? Yes
- How did you hear about this program/session?
 - Word of Mouth Flyer/Brochure Newsletter Website Facebook Other

Participant First Name _____ Participant Last Name _____

Signature _____ Date _____

Post: PO Box 679 Belconnen ACT, 2616 **Email:** bcs@bcsact.com.au **Fax:** 6253 2901

In person: Belconnen Community Centre, Swanson Court, Belconnen; opposite Belconnen Bus Interchange

NDIS Group Participation Goals
(this section must be completed for confirmed NDIA Participants)

First Name _____ Last Name _____

1. Please identify which goal/s in your NDIS Plan relate to attending the group/s you have selected on Page 1?

2. Please describe how the group/s you have selected will help you to achieve your goal/s:

Office Use Only:

- Participant enrolled in Gym All Sessions (compulsory)
- Participant enrolled in each gym session selected above (compulsory for all NDIA clients & NDIA eligible clients)
- Participant details confirmed and updated as required.